

		MON	TUE	WED	THU	FRI	SAT	SUN
TIME	7:00	YOGA Yoga Deva NAT		YOGA Chandra NAT		YOGA Yoga Prana NAT		
	10:00		YOGA Modern Vinyasa 1 NAT				YOGA Modern Vinyasa 1(Special) Nat	YOGA Yoga Surya NAT
	15:00							
	18:45	YOGA Yoga Surya 2 Nat	YOGA Yoga Power Lin	HOT YOGA NAT	YOGA Modern Vinyasa 1 NAT	HOT YOGA Poh		

Remark:

- 1.Members can book a class at least 1 day in advance before actual class, and check-in with membership card at least 10 minutes before class starts.
- 2.Trial guests have to book a class through our wellness consultant at least 1 day in advance before actual class, and bring along yoga guest pass to check-in with their ID card by themselves at least 10 minutes before class starts.

****** PLEASE ENTER THE CLASS NOT LATER THAN 10 MINUTES AFTER THE CLASS BEGINS******