

	MON	TUE	WED	THU	FRI	SAT	SUN
7:00	Yoga Yoga Deva NAT		Yoga Modern Vinyasa 2 NAT		Yoga Yoga Surya NAT		
10:00		Yoga Modern Vinyasa 1 NAT		Yoga Anahata Yoga JIB		Yoga Yoga Prana NAT	Yoga Anahata Yoga JIB
15:00						Yoga Yoga Deva NAT	Yoga Anahata Yoga JIB
18:45	Yoga Yoga Surya NAT	Yoga POWER FLOW 1 NAT	Yoga Yoga Prana NAT	Yoga Anahata Yoga JIB	Yoga Modern Vinyasa 2 NAT		

**Remark:**

- 1.Members can book a class at least 1 day in advance before actual class, and check-in with membership card at least 15 minutes before class starts.
- 2.Trial guests have to book a class through our wellness consoultant staff at least 1 day in advance before actual class, and bring along yoga guest pass to check-in with their ID card by themselves at least 15 minutes before class starts.