

		MON	TUE	WED	THU	FRI	SAT	SUN
TIME	7:00	 Modern Vinyasa 1 NAT		 Yoga Deva NAT	 Yoga Surya NAT	 Yoga Basic Nat		
	10:00		 Yoga Parivritta NAT				 Yoga Surya NAT	 Modern Vinyasa 1 NAT
	15:00							
	18:45	 Yoga Basic Nat	 HOT DIECAPITOL YOGA Lin	 Yoga Surya 2 Nat	 HOT DIECAPITOL YOGA 2 Nat	 Yoga Chakra Yoga Poh		

Remark:

1. Members can book a class at least 1 day in advance before actual class, and check-in with membership card at least 10 minutes before class starts.
2. Trial guests have to book a class through our wellness consultant at least 1 day in advance before actual class, and bring along yoga guest pass to check-in with their ID card by themselves at least 10 minutes before class starts.

****** PLEASE ENTER THE CLASS NOT LATER THAN 10 MINUTES AFTER THE CLASS BEGINS*****